

Yoga + Sound Healing with Jennifer Isaacson + Daniella White
Whidbey Island Yoga Lodge □ March 9-11, 2012

Name_____

Date_____

Address_____

Email (required)_____

Phone_____

Food Allergies_____

Roommate Request (all rooms shared)_____

Amount of Payment/Deposit enclosed_____

Registration: Please provide the information above, detach, and send with a check payable to: Jennifer Isaacson 4428 Woodlawn Ave N, Seattle WA 98103

Retreat Costs: Your early registration is highly encouraged, as space is limited.

Lodge: \$425 by 1/15/12, \$450 after
Camp: \$400 by 1/15/12, \$425 after
Offsite: \$300

The lodge accommodates 11 and the retreat is limited to 20 people. Fees include all yoga, meditation, restoratives, opening/closing intentions, mostly organic vegetarian meals, sauna use and shared accommodations/bath. Appointments with Erika are an additional \$75.

Deposit: Hold your spot with a deposit of \$100. Full payment due by 2/1/12.

Massage, transportation, ferry, offsite accommodation fees not included.

Retreat Cancellation/Refund Policy: Refunds offered minus a \$100 administration fee. After 2/1/12 refunds, minus the administration fee, will only be granted if your place can be filled with a new participant.

What To Bring: Bed linens or sleeping bag. The Yoga Lodge provides your pillow and blanket. Bring towels for the shower and sauna, toiletries, flashlight and yoga mat (optional).

Schedule: Retreat begins 4pm Friday, March 9 and ends Sunday 12pm March 11, 2012. Give yourself plenty of travel time Friday afternoon. For ferry schedule visit: <http://www.wsdot.wa.gov/ferries>

Retreat held at the Whidbey Island Yoga Lodge, 3475 Christie Rd Greenbank WA 98253. Driving directions to Yoga Lodge available at: www.yogalodge.com

Carpooling encouraged and will be facilitated via email.

Questions: Contact Jennifer Isaacson 206.769.6094
jennifer@jenniferisaacson.com